

Teaching Order for “SD 101: Modern Square Dance Fundamentals” – 30 hrs. (15 weeks)

This course covers core calls, concepts & techniques of MWSD. When done, you'll be able to dance at any square dance offering “New Mainstream” (“Mainstream 2026”).
[Some material repeated in Weeks 1-3 so new students may join through Week 2.]

[...] = More uses of prior calls
<xxx> = “General Rules”
“xxx” = Miscellaneous Terms
GREEN = Diagrams available

Week 1 & 2 Common Core (Repeat)

Dancers: Boys/Girls/Partner/Corner
Couples: #1,2,3,4/Heads/Sides/Home
“Square Your Sets”, “Tip”
“Bow to Your Partner/Corner”
“Thank Your Square” (w/Styling)
Circle Left/Right (all 8 or *Big Circle*)
Dosado / Forward & Back
Arm Turns (Right/Left) (*hand timing*)
Allemande Left
“Right / Left Pull By” (*hand timing*)
Right & Left Grand (RLG)
Single File Promenade
Couples Promenade (Home, ½)
Pass Thru (from Squared Set)
<Passing Rule (pass right shoulders)>
Courtesy Turn
(B/G) Star Right/Left (from Squared Set)
Ladies Chain (4 across, ¾; 2 across)
Swing (Your Partner or Corner)

Week 1, Part B (Foundation #1)

Star Promenade (*Men Star Left*)
U-Turn Back, Backtrack
Ladies/Men Promenade Inside
Ladies In, Men Sashay

Week 2, Part B (Foundation #2)

(Don't use Foundation #1 in Week 2)

Right & Left Thru (from Squared Set)
California Twirl (from S.S. or Circle Out)
Rollaway (to/from Circle Left)
Grand Square

Week 3, Part A (Review Foundation)

(Repeat Weeks 1 & 2 Part B)

Week 3, Part B (Foundation #3)

(Moving To The Music, Timing)
Singing Call Corner Progression
Weave The Ring (WTR)
Allemande Right

Week 3, Part C (Learning Resources)

*Teaching Order, Calls Taught List
Taminations, Live Demo Videos*

Week 4 (Lines, 8-Chain)

Dancer Naming: Centers/Ends/Outsides
Lead Right/Left / Veer Left/Right
Bend The Line (from 2FL, 1FL)
Circle of 4 (Left/Right, ½, ¼, ¾)
[...] PT/LC/RLT from Lines, 8-Chain

Week 5, Part A (Trades & Circulates)

Boys/Girls/Centers/Ends/*Couples*
... *Circulate*, Trade (from 2FL only)
[...] *LH2FL versions of above*

Chain Down The Line [RH2FL]

Week 5, Part B (Wheel & Deal)

Wheel & Deal (from 2FL, Lines)
Singing call “Star Routes” (to Corner)

Week 6, Part A (Arches, Flutterwheel)

Star Thru / Dive Thru
[Reverse] Flutterwheel
Sweep 1/4 (after Flutterwheel or W&D)

Week 6, Part B (DPT)

[...] Couples Promenade 3/4
Double Pass Thru (DPT)
First/Next Couple Go Left/Right

Week 7 (Square Thru, Slide Thru)

Slide Thru (*mixed sex only*)
Square Thru (1-4) [NOT Left]
Partner Trade (Normal)

Week 7, Part B (Wheel Around)

Wheel Around (*incl. “Make Lines”*)
“Don't Stop, Don't Slow Down”
Reverse Wheel Around
Wrong Way Promenade

Week 8 (Sashay Away)

Terminology: Sashayed, Normal
Half Sashay / [...] Rollaway (Couples)
[...] Partner Trade (Sashayed)
Box The Gnat / Wrong Way Grand

Week 8, Part B (Separates #1)

Separate / Split (The Outside) Two
... Around *n* (1 or 2) To A Line

Week 9 (Tandems, Trade By)

Naming: Leaders/Trailers/Tandems
Ferris Wheel / Zoom
“Face In/Out/Left/Right” (*after DPT*)
Trade By (“Pass & Trade”)

Week 10 (Alamo Rings, Waves #1)

Alamo Style Wave (“Alamo Ring”)
Alamo Swing Thru / Balance
Step To A Wave / Dosado To A Wave
Single Circle (½, ¾) [To A Wave]
[...] Circulate & Trade (from Waves)
Swing Thru (from Waves) [NOT Left]

Week 11, Part A (Waves #2)

Extend (General) / “Step Thru”
<Facing Couples Rule (step to wave)>
Pass The Ocean

Week 11, Part B (Split Boxes)

Box / *Split Circulate* (*mini-squares first*)
(Anyone) Run (Lines to/from Waves)

Week 11, Part C (Lefts)

Left Swing Thru / Square Thru

Week 12, Part A (Quarters)

Hinge (Single, Couples)
Cast Off ¾ (Mini-Waves, Couples)
(Put) Centers In
[Left] Touch 1/4

Week 12, Part B (Columns)

Column Circulate (“Single File Circulate”)
[...] Boys/Girls/Centers/Ends
... Trade (from Columns, Lines)
... Run (to/from Columns)

Week 12, Part C (Tops)

Spin The Top (*incl. from Facing Couples*)

Week 13, Part A (Boxes #2, Waves #3)

Scout Back (from Waves, Columns)
Recycle (from Waves)
All 8 Circulate (from Waves)

Week 13, Part B (Separates #2)

[...] Separate ... (*and Anything*)
... Around *n* Into The Middle

Week 14 (Tags)

Tag The Line (In/Out/Left/Right)
“Face In/Out/Left/Right” (*after Tags*)
[Left] [Half / ¼ / ¾] Tag

Week 14, Part B (Folds & Crosses)

Fold / Cross Fold / Cross Run

Week 15 (Variations / Extended Appl.)

[...] Slide Thru (*same sex*)
Left Spin The Top (*from Facing Couples*)
[...] Chain Down The Line (from LHW)
<Circle Rule (fwd/back -> square off)>
<Ocean Wave Rule> cases
Alamo Boys/Girls Run <default: Right>
(RLG, Square Thru) *On The Nth Hand*
[...] 2 Ladies Chain ¾